



SOUTHWEST HEALTH  
COLLABORATIVE

Adams, Canyon, Gem, Owyhee, Payette  
and Washington Counties

## Mental Health Facts

- ❖ The Southwest Region has a significant shortage of behavioral health providers.<sup>1</sup>
- ❖ The suicide rate per 100,000 residents is 13.1.<sup>1</sup>
- ❖ In 2013 suicide was the 8<sup>th</sup> leading cause of death to Idaho residents.<sup>1</sup>
- ❖ About 13 percent of impoverished Idaho adults who lack health insurance have a serious mental illness, such as schizophrenia or bipolar disorder.<sup>2</sup>
- ❖ Concerns over access to mental health providers and treatment was one of the most consistent and strongest themes from community outreach. Stigma, particularly in older and Hispanic communities, was reported. However, several communities report a reduction in the overall perception of stigma around mental health.<sup>1</sup>
- ❖ Approximately 16.6% of Medicare beneficiaries in the region have been diagnosed with depression.<sup>1</sup>
- ❖ Region 3 Southwest District Health has only three Mental Health Services offices through IDHW (Nampa, Caldwell, and Payette).<sup>3</sup>
- ❖ Idaho has 2 state hospitals, State Hospital North in Orofino and State Hospital South in Blackfoot. (State Hospital South includes 90 psychiatric adult beds, 29 skilled nursing beds, State Hospital North in Orofino is a 55-bed psychiatric hospital that provides treatment for adults in psychiatric crisis.<sup>4</sup>

Figure 39. Mental health in Southwest Idaho, reported in 2012-2014.<sup>1</sup>

	PHD3	Idaho	U.S.
Serious Mental Illness in the Past Year	5.16	4.79	4.13
Any Mental Illness in the Past Year	21.56	20.77	18.39
Serious Thoughts of Suicide in the Past Year	4.66	4.29	3.91
Major Depressive Episode in the Past Year	7.25	7.38	6.71

<sup>1</sup> Southwest Health Collaborative, Community Health Assessment 2016

<sup>2</sup> *In Crisis: Idaho's fragmented mental health system leaves many behind.* Retrieved from Idaho Statesman and Boise State Public Radio:  
<http://www.idahostatesman.com/news/business/article40752480.html#storylink=cpy>

<sup>3</sup> Idaho Department of Health and Welfare: Region 3, <http://healthandwelfare.idaho.gov/ContactUs/Region3/tabid/227/Default.aspx>

<sup>4</sup> Idaho Department of Health and Welfare; About Idaho's State Hospitals, <http://healthandwelfare.idaho.gov/Medical/MentalHealth/StateHospitals/tabid/495/Default.aspx>