

Meeting Minutes -



Arkansas
Behavioral Health
Integration Network

Location: Zoom

Date: April 12, 2024

Meeting: AR CoCM Community Stakeholders Meeting

Time: 12:00-1:00

Attendance

- | | | | |
|--------------------|-----------------|--------------------|---------------------|
| 1. Kim Shuler | 5. Tisha Deen | 9. Marybeth Rogers | 13. Amanda Lunsford |
| 2. Patti Gibson | 6. Virna Little | 10. Miste Trent | 14. Sheryl Hurt |
| 3. Caitlyn Johnson | 7. Brea Strong | 11. Jeremy Stark | 15. Teresa Hudson |
| 4. Nicole Portrude | 8. Mark Jansen | 12. Michael Keck | 16. DeAnn Vaught |

Agenda Items

1. Welcome/Updates/Announcements
2. SAMHSA BHI-Hub Executive Committee Meeting Report CoCM Grant Review
3. CoCM update from DHS
4. UAMS Update
5. Registry Discussion
6. Upcoming Events

Summary:

- Representatives from DHS were unable to make today's meeting, so we will receive their update at next month's stakeholders meeting.
- Kim introduced the idea of using this statewide CoCM grant meeting to invite executive council and promote CoCM Advocacy.
- The team discussed their appreciation for the BHI Conference that was held in Little Rock on 4/11 and their gratitude for the opportunity to learn from a national expert that was brought in to speak on the collaborative care model, Dr. Laura Sidari. The team agreed that it was an invaluable experience, particularly because it was held in-state and was an affordable option so that the organizations' whole team could attend. They continued to praise Dr. Sidari's ability to combine personal experience with professional expertise, making her presentation on collaborative care both relatable and informative.
 - The full recording & presentation slides will be made available soon on the conference [website](#).
- The team welcomed newcomer, Jeremy Stark with the Community Clinic in Northwest Arkansas. Jeremy, the Behavioral Health Director at Community Clinic in Northwest Arkansas, discussed current primary care behavioral health models used at the clinic and expressed interest in exploring more integrated care models. He also shared that the clinic, a federally qualified health center with 27 sites, recently acquired two new sites in Oklahoma and aims to serve 70,000 to 75,000 patients next year.
- UAMS provided an update on the progress of the behavioral healthcare managers' hiring process, the development of a registry Epic, and the implementation of a new program in Pine Bluff. They also mentioned that consultants from Connecticut and the University of Washington provided valuable feedback and conducted site visits.
- The team discussed registries for the project, emphasizing the importance of having access to a registry for participating clinics. Initially, two FQHCs planned to embed the AIMS registry within their EHR, but due to the rising costs, AIMS is no longer providing this service. Alternatives were

suggested, including customizing the registry or using CMTS & mentioned that they could get data from various FQHCs using the same registry. The need for a solution to prevent double entry was highlighted & noted was the work being done on this issue. The team who has used CMTS confirmed it's a fairly user-friendly platform & encouraged others to learn from their usage.

- CFHA's monthly May SIG Meeting will have four different agencies speaking on four different registries. If you're interested, please see below under 'Important Dates'
- **Exploring Integrated Care Models for Clinics**
 - The team stressed the importance of integrating behavioral health into the overall system, given its current gaps, and emphasized the need for intentional model selection based on desired outcomes. Different models, such as CoCM, PCBH, or co-located specialty models, were acknowledged as potential options for clinics.
 - Several team members emphasized the need to consider the long-term viability of the project and the potential barriers that may arise when adapting implementation models from other states. Dr. Mark Jansen advised focusing on vertical integrated healthcare delivery systems and influencing various sectors through UAMS.
- **Implementation Challenges and Sustainability Planning**
 - The team discussed implementing the use of codes and agreed on the need for an infrastructure to guide the process, with a focus on developing a guide for the DHS team and ensuring the model's correct implementation. Concerns were raised about the flexibility of using codes across different models, and the team agreed on the necessity of providing ongoing technical assistance and sharing lessons learned from other states with Medicaid. The discussion also highlighted the need for adequate reimbursement rates, educational document slides to assist with code usage, and an implementation plan that includes education on code usage.
 - Additional concerns were raised about the education and information that would be needed if they decided to use codes, suggesting the need for an assessment of the unknown aspects and the required education. Agreeing on the need for input from other stakeholders, including DHS, there was a proposition to outline the implementation plan for the state at the end of the year, when a sustainability plan is due, with a heavy emphasis on Medicaid.

Important Date(s):

- ▶ **March 11th – June 9th** [Using the Collaborative Care Model in Populations with Serious Mental Illness](#)
(ongoing) A virtual learning provided by SMI Adviser
- ▶ **Wednesday, May 1st**, 1:00 – 2:00 – [CFHA Monthly CoCM SIG Meeting](#)
- ▶ **Thursday, May 9th**, 8:00 – 9:00 – ABHIN's Monthly Webinar: [Collaborative Care in Perinatal Settings](#)
- ▶ **Friday, May 10th**, 12:00 – [AR CoCM Monthly Stakeholder's Meeting](#)
- ▶ **Saturday, June 1st**, Arkansas Psychiatric Society 2024 Annual Conference, [Untangling the Web of Addictions: CoCM and Substance Use Disorders](#)
- ▶ **Friday, June 7th**, Seattle, WA – AIMS 3rd Annual Integrated Care Conference, [Integrated Care Conference 2024: Cultivating Integrated Care within the Behavioral Health Ecosystem](#)
- ▶ **August 4th – 7th**, Washington D.C – ACU 2024 Conference: [Envisioning a More Equitable Future: Advancing Stakeholder-Centered Innovation](#)

CoCM Resources:

- ▶ [ABHIN CoCM Training & Resource webpage](#)
- ▶ [AIMS Center](#)
- ▶ [CMS' Behavioral Health Integration Services Booklet](#)