



# Annual Report

2020-2021

[abhinetwork.org](http://abhinetwork.org)

## Dear Friends,

This was an amazing first year! We are inspired by our progress, encouraged by our partners and donors, and more determined than ever to broaden the impact of our efforts. We conducted in-depth research to understand the challenges healthcare teams face, and we raised \$1.95 million dollars to fund targeted efforts to address those challenges. We also took time to reflect on what we do very well, wrote a vision and mission, and planned a future focused on amplifying those efforts.

And did I mention we also became a 501c3 non-profit?

In this first annual report, we want to share our successes and present our goals for the future. And we want to give thanks. We would not be where we are today without our friends.

Thank you.



*Kim Shuler*

**Kim Shuler, LCSW**  
Chief Executive Officer



**We are a non-profit organization helping integrate quality mental health care across the healthcare continuum.**

### Our Vision

Better health for all through integrated care solutions.

### Our Mission

To meet the challenges of integrating healthcare by building relationships, sharing resources and best practices, providing education, training, and advocacy for all.

## Why is it important?



**56%**

of people who seek care for mental health conditions do so in a primary care setting.



**70%**

of all primary care visits are related to mental and behavioral health conditions.



On average, primary care providers receive very limited training related to mental and behavioral health conditions.



## Our first year at a glance

Thanks to our diligent network of partners and generous community of supporters, ABHIN trained more than 581 healthcare professionals on a wide range of topics that advance integrated behavioral health. It's an incredible milestone with impact that will only continue to multiply.



**750**

**Volunteer Hours**



**581**

**Professionals Trained**



**\$1.95m**

**Funds Raised**



**111**

**Hours of Training Provided**

## Our Projects

### Rural Health Care Coordination Grant

This 3-year project was funded in September 2020 by the Health Resources and Services Administration (HRSA). It is focused on bringing together rural primary care providers, suicide prevention resources, and specialty behavioral health providers to coordinate services related to suicide prevention, intervention, and postvention.

### Rural Opioid Response Planning Grant

This 18-month HRSA-funded planning project kicked off in September 2020. This project is serving 9 rural counties and focuses on reducing opioid use disorder (OUD) by increasing primary care teams' confidence in managing OUD and providing medication for the treatment of OUD.

### Rural Opioid Response Implementation Grant

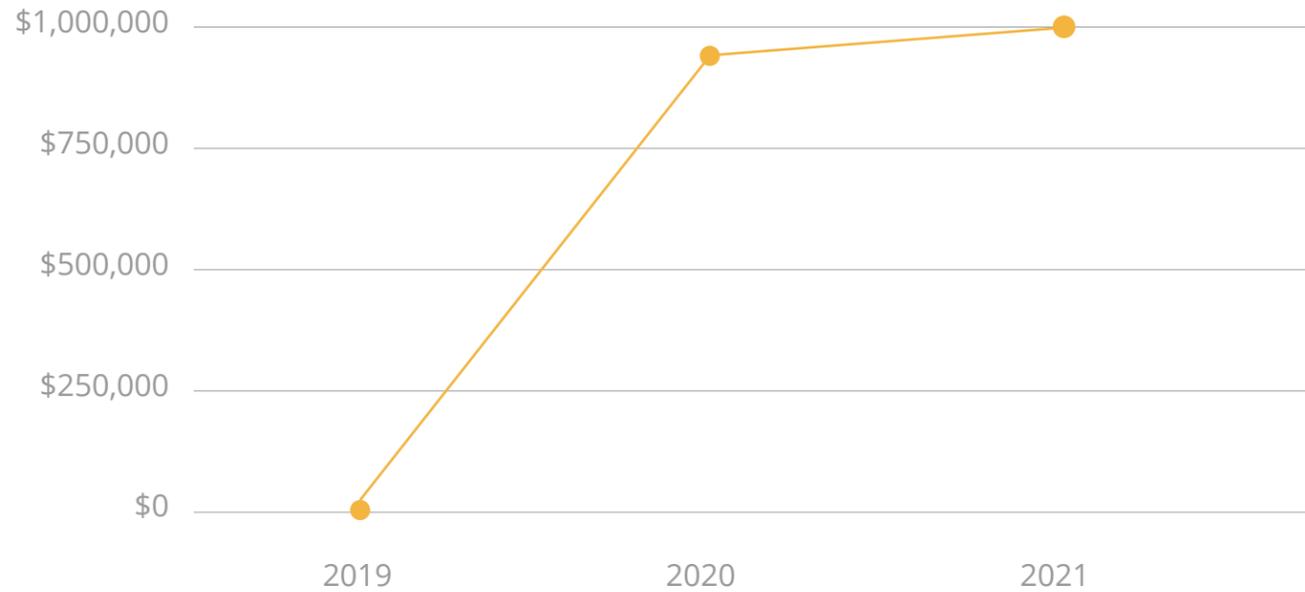
This 3-year project was funded in September 2021. This project is focused on connecting and supporting a broad network of community partners, state and local agencies, peer support specialists, and healthcare teams in a comprehensive program that will educate rural communities, destigmatize OUD, link scarce critical resources, and provide high-quality services that ultimately eliminate overdose deaths.

### ABHIN Monthly Trainings

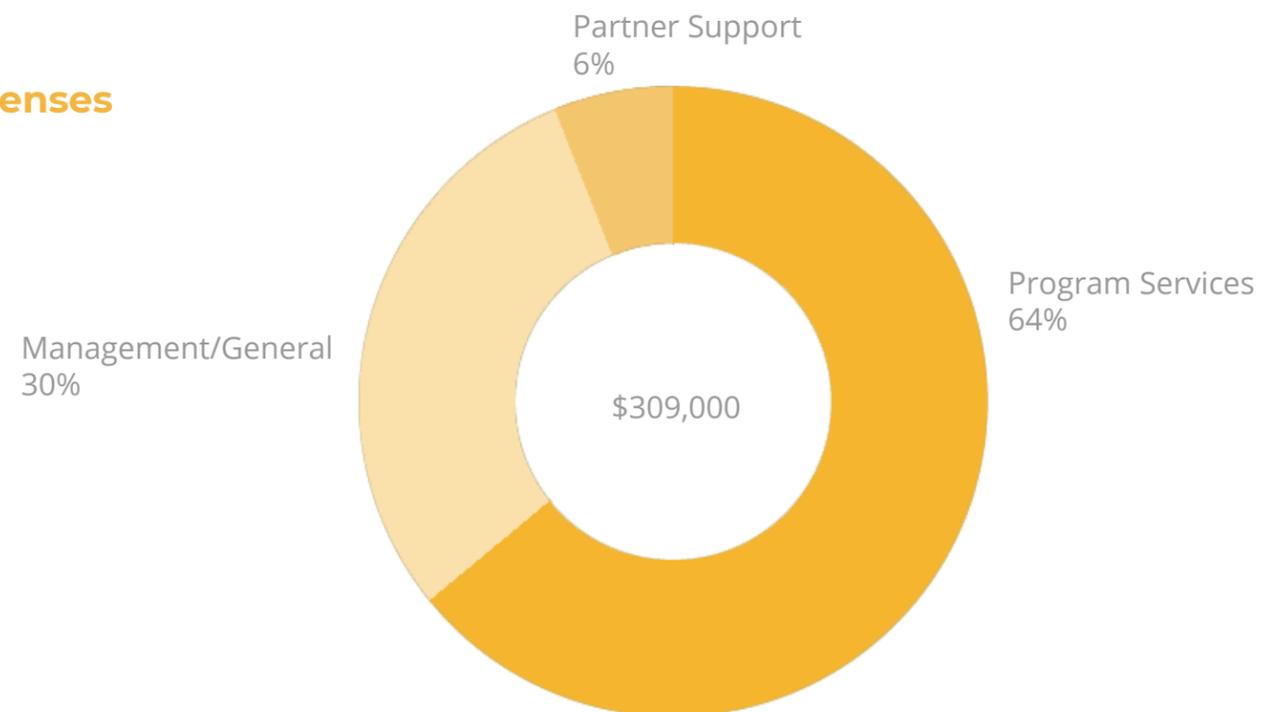
We have provided more than 111 hours of training and education to 581 healthcare professionals over the past year. The speakers we have hosted during our monthly training series include internationally-recognized experts, such as Alexander Blount, Patti Robinson, and Roger Kathol. In total, more than 20 experts have generously donated their time to share knowledge with Arkansas care teams.

# Our Financials

## Income



## Expenses



# Goals for 2022



## Funding

In 2022, we plan to engage individual donors and corporate sponsors that can help diversify our mix of funding and support operations. Our goal is to raise at least \$50,000 in individual donations by December 2022.

## Provider Training and Support

Over the next year, we will train at least 1,000 healthcare professionals. In addition to monthly webinars, we will broaden our reach with graduate school trainings and paid consultation with healthcare teams throughout Arkansas.

## Annual Conference

We will host Arkansas' first conference focused entirely on behavioral health integration in 2022. Our goal is to engage at least 100 healthcare professionals in what will be the first of an annual conference series.

# Our Board of Directors

Kim Shuler, LCSW



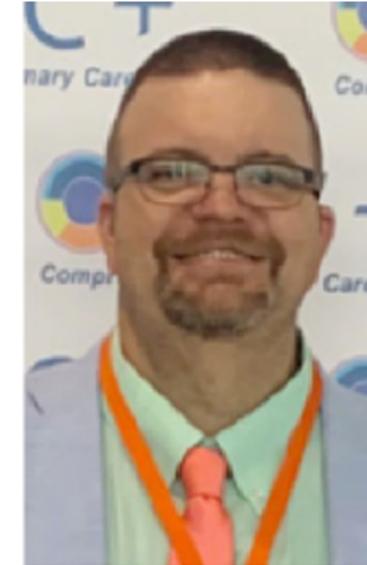
Patty Gibson, M.D.



Senator Kim Hammer



Lee Crow



Jen Yturriondobeitia, DBH



Anna Reigner, JD

Lubna Maruf, M.D.

Virginia Young



Chad Rodgers, M.D.





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