

Meeting Minutes -



Arkansas
Behavioral Health
Integration Network

Location: Zoom

Date: July 12, 2024

Meeting: AR CoCM Community Stakeholders Meeting

Time: 12:00-1:00

Attendance

- | | | | |
|--------------------|--------------------|----------------------|--------------------------|
| 1. Sayde Davis | 6. Kim Shuler | 11. Nicole Portrude | 16. Dr. Susan Ward-Jones |
| 2. Teresa Hudson | 7. Sarah Bernes | 12. Patty Morrow | 17. Kelly Divine |
| 3. Caitlyn Johnson | 8. Michael Keck | 13. Mary Beth Rogers | 18. Amanda Crofford |
| 4. Tisha Deen | 9. Mitchell Strack | 14. Amanda Lunsford | 19. Julie Carman |
| 5. Miste Trent | 10. Brea Strong | 15. Maddi Ellison | 20. Sheneca Smith |

Agenda Items

1. Welcome/Updates/Announcements
2. SAMHSA BHI-Hub CoCM grant Executive Committee Meeting Report
3. UAMS Update
4. CoCM update from DHS
5. BHI Programs & Models
6. CoCM Events & Resources

Action Items:

- Kim to arrange for an experienced psychiatrist with CoCM to provide training & Q&A for EAFMC providers

Summary:

Welcome/Updates/Announcements

- Michael Keck shared that the response to the 1st schizophrenia conference has been overwhelmingly positive. He provided details about a subsequent event on October 9th featuring author Sam Quinones and a panel discussion with local nonprofits. Both events were noted to be free and open to the public, with no capacity limits. **Links to both events can be found below under 'Important Dates'*

UAMS Update

- Teresa outlined the approaching end of the first project year, her role in processing invoices, and the ongoing process of requesting carryover funds for the next year's project on behalf of the state. She encouraged everyone to submit their carryover requests and expressed optimism about the process, despite past concerns.
- Tisha announced the addition of two new behavioral health care managers and a new psychology intern to the team.

Mental Health Legislative Workgroup

- Kim and Caitlyn discussed the upcoming mental health legislative work group, emphasizing its importance in advocating for CoCM and other health issues, particularly with Medicaid codes yet to be activated for CoCM in Arkansas. Caitlyn encouraged participation, describing the group as a relaxed and productive meeting with a significant positive impact over the past two years.

Implementing Evidence-Based Models in Primary Care

- Kim discussed the ongoing implementation of the CoCM model, highlighting the challenges faced and emphasized the need for implementing evidence-based models like the collaborative care model (CoCM) slowly and with a solid foundation. She discussed the need for components such as screening tools, registries, and evidence-based interventions like problem-solving therapy and motivational interviewing, while also highlighting the opportunity presented by the grant to have fidelity to the CoCM model, which could help overcome missing components in primary care practices, which can ultimately help with the lack of resources in rural mental health and primary care. ABHIN announced that they will start hosting monthly office hours for questions around CoCM on July 19th. **The link to August's Office Hours can be found below under 'Important Dates'*
- Tisha then explained the balance between maintaining evidence-based components and adapting the model to clinical practice, using psychotherapy protocols as an example. Kim concluded by acknowledging the need to consider sustainability and workforce shortages in the future.

CoCM Around the State

- The team welcomed new additions to the team, including a rural hospital and provider-based clinic in McGehee, AR who is looking to implement CoCM to better serve their rural residents. Teresa was thankful for the opportunity to make an impact through demonstration sites with ABHIN's support.
- Eastern Arkansas also discussed their recent updates that included adding a psychiatrist and BHCM's to their program and the need for provider training on the model.
- Mercy now has over 300 clinics and 1,500 providers throughout Missouri, Oklahoma, and Arkansas practicing CoCM and emphasized the importance of educating all staff members on CoCM when trying to implement the model.

Important Date(s):

- ▶ **August 4th – 7th**, Washington D.C – ACU 2024 Conference:
[*Envisioning a More Equitable Future: Advancing Stakeholder-Centered Innovation*](#)
- ▶ **August 12th – 14th**, Hot Springs – [Arkansas Council for Behavioral Health Conference](#)
- ▶ **Friday, August 30th, 12:00 – 1:00** [ABHIN Monthly CoCM Office Hours](#)
- ▶ **Friday, September 27th, 8:00 – 3:00** UAMS – [2024 Arkansas Schizophrenia Conference](#)
- ▶ **Wednesday, October 9th, 8:00 – 11:30 am** Little Rock - ["A Conversation with Sam Quinones"](#)
- ▶ **October 24th – 26th**, San Antonio, TX – CFHA's Integrated Care Conference,
[30 Years of Integration: Innovating in the Pursuit of Healing](#)

CoCM Resources:

- ▶ [ABHIN CoCM Training & Resource webpage](#)
- ▶ [AIMS Center](#)
- ▶ ABHIN's July Monthly Webinar: [In Context: Digital Solutions for Integrated Behavioral Health](#)
- ▶ ABHIN *While You Wait* Podcast now streaming:

- [Amazon](#)
- [Spotify](#)
- [YouTube](#)

