□ Substance Abuse

Name and role in the clinic?

Step 1: Team Member Self-Assessment

☐ Depression
☐ Anxiety (e.g., PTSD)

☐ Other Mental Disorders

Is This Your If Not, Whose Role? Your Organization's Your Level of Comfort Would You Like Training Collaborative Care Tasks Role Now? Capacity with This Task? with This Task to Perform This Task? **Identify and Engage Patients** Yes No Position title High Med/Low High Med/Low Yes No Identify People Who May Need Help Screen for Behavioral Health Problems П П П П П П П П Using Valid Measures П П П П П Diagnose Behavioral Health Disorders Engage Patient in Collaborative Care Program and Introduce Care Team Yes No Med/Low High Med/Low No **Initiate and Provide Treatment** High Yes П П П Perform Behavioral Health Assessment Develop & Update Behavioral Health Treatment П П П П П П П Patient Education about Symptoms & Treatment П П П П П П П **Options** П П П П П Prescribe Psychotropic Medications П П П П П П Patient Education about Medications & Side Effects Brief Counseling, Activity Scheduling, Behavioral П П П П П П Evidence-based Psychotherapy (e.g., PST, CBT, IPT) П П П П **Identify & Treat Coexisting Medical Conditions** Facilitate Referral to Specialty Care or Social П П П П Services П П П П Create & Support Relapse Prevention Plan Yes No Hiah Med/Low Hiah Med/Low Yes No **Track Treatment Outcomes** Track Treatment Engagement & Adherence using П П П П П П Reach out to Patients who are Non-adherent or П П Disengaged Track Patients' Symptoms with Measurement Tool П П П П П П П П (e.g., PHQ-9) П П П П П Track Medication Side Effects & Concerns П П П П Track Outcome of Referrals & Other Treatments Med/Low High Med/Low No Proactively Adjust Treatment if Patients are Yes No Hiah Yes Not Responding Assess Need for Changes in Treatment Facilitate Changes in Treatment / Treatment Plan Provide Caseload-Focused Psychiatric Consultation Provide In-Person Psychiatric Assessment when П П П П П П П П Needed Other Tasks Important for Our Program Yes No High Med/Low High Med/Low Yes No (add tasks as needed) Coordinate Communication Among Team Members П П П / Providers Administrative Support for Program (e.g., П П П П П П П Scheduling, Resources) Clinical Supervision for Program П П П Training of Team Members in Behavioral Health