

Meeting Minutes -



Arkansas
Behavioral Health
Integration Network

Location: Zoom

Date: October 11, 2024

Meeting: AR CoCM Community Stakeholders Meeting

Time: 12:00-1:00

Attendees:

- | | | | |
|----------------------|-------------------|--------------------|--------------------|
| 11. Kim Shuler | 5. Miste Trent | 4. Amanda Lunsford | 1. Caitlyn Johnson |
| 12. Sarah Bernes | 8. Jason Onugha | 5. Cyril Appiagyei | 2. Nicole Portrude |
| 13. Michael Keck | 9. David Jones | 6. Virna Little | 3. Tisha Deen |
| 14. Mary Beth Rogers | 10. Teresa Hudson | 7. Patty Gibson | |

Agenda Items

1. Welcome/Updates/Announcements
2. IBHA Executive Committee Meeting Update
3. FQHC Update
4. CoCM update from DHS
5. UAMS Update
6. CoCM Events & Resources

Action Items:

- Teresa to execute year 2 contracts and assess carryover funds for potential new clinic onboarding.
- David to continue Medicaid code promulgation process and reach out to workgroup for assistance as needed.
- Nicole to share Maryland Medicaid white paper on collaborative care implementation.
- Kim/Caitlyn to present on collaborative care at Community Health Centers of AR workday on 11/5

Meeting Notes:

Summary

The team discussed updates on operations, including the execution of year 2 contracts and the potential to bring another clinic on board. They also discussed the development of training components for the FQHC onboarding process, the progress of their collaborative care project, and the potential for implementing Chronic Care Management (CCM) codes for specialty clinics. Additionally, Nicole, who was leaving her role as senior program manager, expressed her appreciation for the group and her excitement about moving to a new program in Texas. She also mentioned that her counterpart, Sarah Matsumoto, would be joining future meetings.

CoCM Project Updates

Teresa provided updates on the operations level mentioning the execution of year 2 contracts and the significant carryover funds from the previous year. She also mentioned the potential to bring another clinic on board and the state's support for this. She added that the state is working on opening the codes to allow Medicaid to be billed for CoCM, a process expected to take until 2026. She also mentioned the addition of an implementation science type of evaluation to identify and collate barriers when implementing CoCM. Tisha provided updates on hiring new staff, including behavioral health care managers and a psychiatrist.

FQHC Updates and Onboarding Process Training Development

Kim initiated the discussion and introduced the new faces present, Cyril and Jason, psychiatrists and co-founders of Woven Clinics. They expressed their excitement about collaborating with Eastern Arkansas FQHC as psychiatric consultants. The ABHIN team discussed the development of training components for the FQHC onboarding process. Tisha mentioned that the training UAMS used for their BHCM's was developed through a grant and is proprietary to the AIMS Center, but Sarah mentioned a free training resource from the Southern Regional AHEC that includes 20, 1-hour long modules for collaborative care. The team agreed to cross-reference their work to ensure all necessary components are included.

Collaborative Care Project Progress and Advocacy

Kim, Cyril, Jason, and Patty discussed the progress of their collaborative care project. Kim highlighted the challenges of finding the right psychiatric consultant and the importance of the project's sustainability plan, which was completed and submitted by Teresa's team. The team also discussed the upcoming legislative session and the potential need for advocacy regarding the Collaborative Care Management (CCM) codes. Virna suggested that the team should advocate for the increase of the limit on the 99494 codes from 2 to 4, as recently recommended by CMS.

Medicaid Approval Process and CCM Codes Discussion

Patty clarified that all providers billing E&M codes can use CCM codes. David outlined the lengthy Medicaid approval process for turning on CCM codes, and Kim assured him of the group's support. Nicole shared her experience with Maryland Medicaid's implementation process, highlighting the need for strong contacts and claims approval procedures. She offered to share a white paper on lessons learned.

Addressing Suicide Risk and Behavioral Health Integration

Virna shares that 419 patients, or 40% of the cohort, were flagged for suicide risk, highlighting the importance of addressing this issue. Kim emphasizes the need for suicide awareness and collaboration to find solutions, noting Arkansas' high suicide rates among adolescents. Virna discusses the leading causes of death, mentioning firearms for 10-14-year-olds and geriatric patients.

Important Date(s):

- ▶ **Tuesday, October 15th, 12:00 – 1:00** [AIMS Center - Collaborative Care in Rural Settings Webinar](#)
- ▶ **October 24th – 26th**, San Antonio, TX – CFHA's Integrated Care Conference, [30 Years of Integration: Innovating in the Pursuit of Healing](#)
- ▶ **Thursday, November 14th, 5:30 – 9:30 pm**, Conway, AR – Ida Waldran Auditorium [Warner Brothers Fentanyl Documentary](#)

CoCM Resources:

- ▶ [ABHIN CoCM Training & Resource webpage](#)
- ▶ [AIMS Center: Collaborative Care Monthly Finance Office Hours](#)
- ▶ [AIMS Center: Collaborative Care Monthly Implementation Office Hours](#)
- ▶ [Collaborative Care Model Training Series – Southern Regional AHEC](#)
- ▶ ABHIN *While You Wait* Podcast now streaming:
 - [Amazon](#)
 - [Spotify](#)
 - [YouTube](#)

