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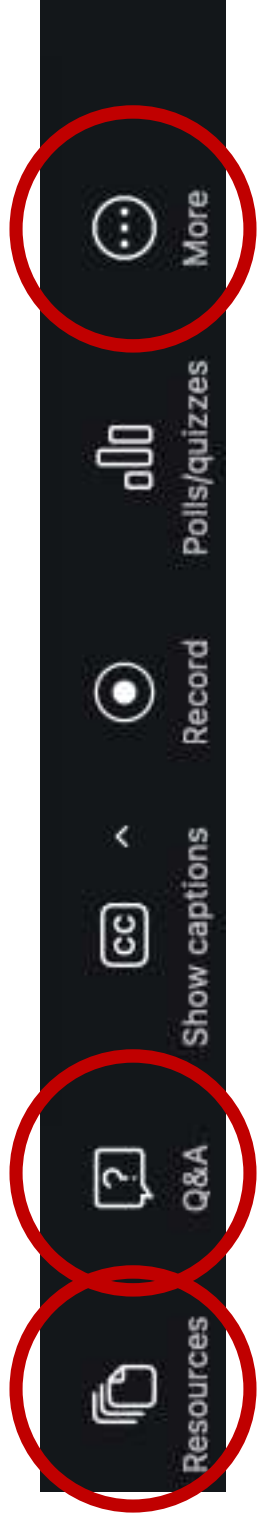
Key Behavioral Health CPT[®] Codes in Practice

September 8, 2025

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Today's Speakers

Leslie Prellwitz

Director, CPT Content Management and Development
American Medical Association

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Senior Director of Finance, Health Systems Integration
Meadows Mental Health Policy Institute



Learning Objectives

1. Provide overview of BH coding updates to physicians and key members of their practices
2. Highlight examples of codes in practice and how they can enhance patient care
3. Optimize revenue cycle management for behavioral health services including how to avoid and prevent frequent coding mistakes

The Continuum

Co-located model

On-site behavioral health clinicians provide enhanced access within physician practices

Collaborative care model

Offsite behavioral health clinicians (usually psychiatrists) supervise onsite care managers who help nonbehavioral health clinicians meet their patients' behavioral health needs

CPT® Codes Across the Continuum

Co-Location

Collaborative Care

Preventive Medicine 99401, 99402, 99403, 99404, 99411, 99412	Psychotherapy 90832,90833,90834, 90836,90837,90838, 90853	Adaptive Behavior Services 97151, 97152, 97153, 97154, 97155, 97156, 97157, 97158	General Behavioral Health Integration Care Management 99484	Inter-professional Digital Services 99446-9, 99451, 99452
Behavior Change Interventions 99406, 99407, 99408, 99409	Developmental / Behavioral Screening 96127, 96110, 96161	Health Behavior Assessment and Intervention 96156, 96158, 96159, 96160, 96161, 96164, 96165, 96167, 96168, 96170, 96171	Psychiatric Collaborative Care Management 99492, 99493, 99494, G2214	CoCM General Management (Medicare) G0511*
			Cognitive Assessment and Care Plan Services 99483	Psychiatric Collaborative Care Model (Medicare) G0512

CPT® Code Overview – Towards Co-Location

Co-Location

Collaborative Care

Engage patients earlier in the care continuum
Easier to incorporate in smaller settings

Counseling Risk Factor Reduction and Behavior Change Intervention

- Preventive Medicine
 - 99401, 99402 99403, 99404 (Individual)
 - 99411, 99412 (Group)
- Behavior Change Interventions
 - 99406, 99407 Smoking and tobacco use cessation counseling visit **T 93**
 - 99408, 99409 Alcohol and/or substance (other than tobacco) abuse structured screening, brief intervention (SBI) services **T 93**

CPT® Code Overview – Towards Co-Location

Co-Location

Collaborative Care

Behavioral health focus, not requiring larger collaboration
Psychotherapy – options for inclusion in patient care episode

Psychotherapy

- 90832, 90834, 90837 Psychotherapy (30, 45, 60 min) **T 93**
- 90833, 90836, 90838 Psychotherapy when performed with E/M service **T 93**
- 90853 Group Psychotherapy

Developmental / Behavioral screening

- 96127 Brief emotional/behavioral assessment (e.g., depression inventory, attention-deficit/hyperactivity disorder [ADHD] scale), with scoring and documentation, per standardized instrument

CPT® Code Overview – Towards Co-Location

Co-Location

Collaborative Care

Behavioral health focus, not requiring larger collaboration
Psychotherapy – options for inclusion in patient care episode

Developmental / Behavioral screening (cont.)

- 96110 Developmental screening (e.g., developmental milestone survey, speech and language delay screen), with scoring and documentation, per standardized instrument [93](#)
- 96161 Administration of caregiver-focused health risk assessment instrument (e.g., depression inventory) for the benefit of the patient, with scoring and documentation, per standardized instrument [T 93](#)

CPT® Code Overview – Assessments

Co-Location

Clear focus on behavioral health
Broader range of roles (Physician/QHP vs. technician)

Collaborative Care

Adaptive Behavior Services

- 97151, 97152 (Assessment), 97153-97158 (Treatment)
- Address deficient adaptive behaviors, maladaptive behaviors, or other impaired functioning secondary to deficient adaptive or maladaptive behaviors (e.g., instruction-following, verbal and nonverbal communication, imitation, play and leisure, social interactions, self-care, daily living, personal safety)

Health Behavior Assessment and Intervention

- 96156-96171 (Individual, Group, Family)
- Focus on psychological, behavioral, emotional, cognitive, and interpersonal factors complicating medical conditions and treatments

CPT® Code Overview – Care Management

Co-Location

Expansive coordination model
Physician or Other QHP guiding work of a defined team

Collaborative Care

Care Management

- 99484 General Behavioral Health Integration Care Management
- 99492-99494, G2214 Psychiatric Collaborative Care Management

Inter-professional Digital Services

- 99446-9, 99451 Professional-to-professional digital consultation, billable by the consulting psychiatrist
- 99452 Professional-to-professional digital consultation, billable by the primary care professional (telephone/Internet/EHR referral services)

CPT® Code Overview – (Column D continued)

Co-Location

Collaborative Care

Expansive coordination model
Physician or Other QHP guiding work of a defined team

Cognitive Assessment and Care Plan Services, 99483

- Provided when a comprehensive evaluation of a new or existing patient, who exhibits signs and/or symptoms of cognitive impairment, is required to establish or confirm a diagnosis, etiology and severity for the condition
- Thorough evaluation of medical and psychosocial factors, potentially contributing to increased morbidity

- **CoCM General Care Management (Medicare), G0511**
- **Psychiatric Collaborative Care Model (Medicare), G0512**

CPT® Codes: Telemedicine

Co-Location

Collaborative Care

Preventive Medicine 99401, 99402, 99403, 99404, 99411, 99412	Psychotherapy 90832, 90833, 90834, 90836, 90837, 90838, 90853	Adaptive Behavior Services 97151, 97152, 97153, 97154, 97155, 97156, 97157, 97158	General Behavioral Health Integration Care Management 99484	Inter-professional Digital Services 99446-9, 99451, 99452
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Red – CPT® Appendix P
 Green – CPT® Appendix T (Audio Only)
 Blue – CPT® Appendix P and T (Audio Only)

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CPT® Codes: Telemedicine / Virtual Visits

	Physician / QHP who may report E/M		Qualified nonphysician (may not report E/M)
	New Pt	Established Pt	Established Pts Only
Synchronous Audio-Video	98000 (15-29 min)	98004 (10-19 min)	98966 (5-10 min)
	98001 (30-44 min)	98005 (20-29 min)	98967 (11-20 min)
	98002 (45-59 min)	98006 (30-39 min)	98968 (21-30 min)
	98003* (60-74 min)	98007* (40-54 min)	
Synchronous Audio-Only (requires 10 min. medical discussion)	98008 (15-29 min)	98013 (10-19 min)	
	98009 (30-44 min)	98014 (20-29 min)	
	98010 (45-59 min)	98015 (30-39 min)	
	98012* (60-74 min)	98016* (40-54 min)	
Online Visits (e.g., EHR portal, secure email, allowed digital communication)	99421 (5-10 min)		98970 (5-10 min)
	99422 (11-20 min)		98971 (11-20 min)
	99423 (21+ min)		98972 (21+ min)
* For services 75 minutes or longer, use prolonged services code 99417			

Questions?



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How To Integrate Behavioral Health Into Value-Based Care

Tuesday, Nov. 4, 2025 | noon CT

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