

# Meeting Minutes -



**Arkansas**  
Behavioral Health  
Integration Network

**Location:** Zoom

**Date:** July 11, 2025

**Meeting:** AR CoCM Community Stakeholders Meeting

**Time:** 12:00-1:00

## **Attendees:**

- |                    |                    |                    |
|--------------------|--------------------|--------------------|
| 1. Kim Shuler      | 7. Tisha Deen      | 13. Brea Strong    |
| 2. Caitlyn Johnson | 8. Amanda Lunsford | 14. Kristin Martin |
| 3. Miste Trent     | 9. Abi Skelly      |                    |
| 4. Terry Amstutz   | 10. Tucker Martin  |                    |
| 5. Melrita Johnson | 11. Mike Cucciare  |                    |
| 6. Michael Keck    | 12. Sarah Bernes   |                    |

## **Agenda:**

- |  |                              |
|--|------------------------------|
| 1. Welcome/Updates/Announcements           | 4. DHS Update                |
| 2. IBHA Executive Committee Meeting Update | 5. UAMS Update               |
| 3. New Clinic Introductions                | 6. CoCM Events and Resources |

## **Meeting Notes:**

### **TEAM DISCUSSION:**

Meadows Mental Health Policy Institute has created two separate CoCM cohort groups to come together to connect, share resources, and engage in discussions. One is for BHCMS, and the other is for Psychiatric Consultants. The information is not yet up on their website, but if you're interested in attending or hearing more about it, you can email Nicole at [nportrude@mmhpi.org](mailto:nportrude@mmhpi.org).

### **ABHIN UPDATE:**

ABHIN announced that they have received a PCORI Community Engagement grant that will focus on strengthening the voice of the Peer Recovery Support Specialist behavioral health integration for comparative research in Arkansas.

We're excited to announce that ABHIN is in the process of onboarding two new clinics that have joined the IBHA grant project: River Valley Medical Wellness in Russellville, AR, and McGehee Family Clinic in McGehee, AR. The ABHIN team and the Woven doctors are scheduled to be in Russellville on August 13<sup>th</sup> for a kick-off CoCM training and in-person introductions, and then will be heading to McGehee on August 14<sup>th</sup> for the same thing. Below is a brief overview of each clinic.

River Valley Medical Wellness (RVMW) offers integrated health care services including primary care, mental health, and addiction care to rural communities. They also operate two ARMOR (Arkansas Mobile Opioid Recovery) mobile units that serve 12 additional rural areas. Each unit is a fully stocked and functional medical clinic featuring exam rooms, a waiting area, a laboratory, a nurse station, and virtually anything else you will find in a primary care clinic. RVMW works a lot with the substance use population and has many Peer Specialists who work both in the clinics and mobile clinics.

McGehee Family Clinic is a small primary care clinic attached to the McGehee Hospital, which is a small critical access hospital with over 11,000+ patient visits every year. Located in a very rural area, the McGehee clinic partnered with a local behavioral health provider to address behavioral health needs, which were previously unmet due to a lack of resources in the community and surrounding areas. Looking to meet the needs of their community members' top concerns, which a recent community health needs assessment identified as alcohol/substance use and mental health, they are implementing CoCM as a first step in integrating behavioral health into primary care.

## **UAMS UPDATE:**

UAMS has currently implemented CoCM into 5 of their 16 primary care clinics across Arkansas and currently has 96 patients enrolled across the five clinics. UAMS is using the AIMS caseload tracker as a registry to monitor patient progress and has noted high levels of PTSD symptoms among enrolled patients, which they note has been a challenge in managing high-acuity patients. While they don't treat PTSD through CoCM, they do try to provide education, medication management, and refer to a trauma expert when needed.

### **Important Date(s):**

- ▶ **October 2<sup>nd</sup>**, UAMS is having a ***Women's Mental Health Forum*** in Little Rock. Look for the agenda and registration info coming out next week!
- ▶ **October 9<sup>th</sup> & 10<sup>th</sup>**, The Arkansas Psychological Association is bringing a two-day event to Little Rock committed to suicide prevention, ***Turning the Tide: Strengthening Hope, Connection, and Community***. Registration info coming soon!
- ▶ **October 16<sup>th</sup> – 18<sup>th</sup>**, Raleigh, North Carolina – [CFHA Integrated Care Conference](#)

### **CoCM Resources:**

- ▶ [ABHIN CoCM Training & Resource webpage](#)
- ▶ [ABHIN CoCM Monthly Office Hours](#)
- ▶ [AIMS Center: Collaborative Care Monthly Finance Office Hours](#)
- ▶ [AIMS Center: Collaborative Care Monthly Implementation Office Hours](#)
- ▶ [AIMS Center's BHCM Learning Community](#)
- ▶ ABHIN *While You Wait* Podcast now streaming:
  - [Amazon](#)
  - [Spotify](#)
  - [YouTube](#)
- ▶ [3<sup>rd</sup> Annual BHI Conference Presentation Recordings](#)

